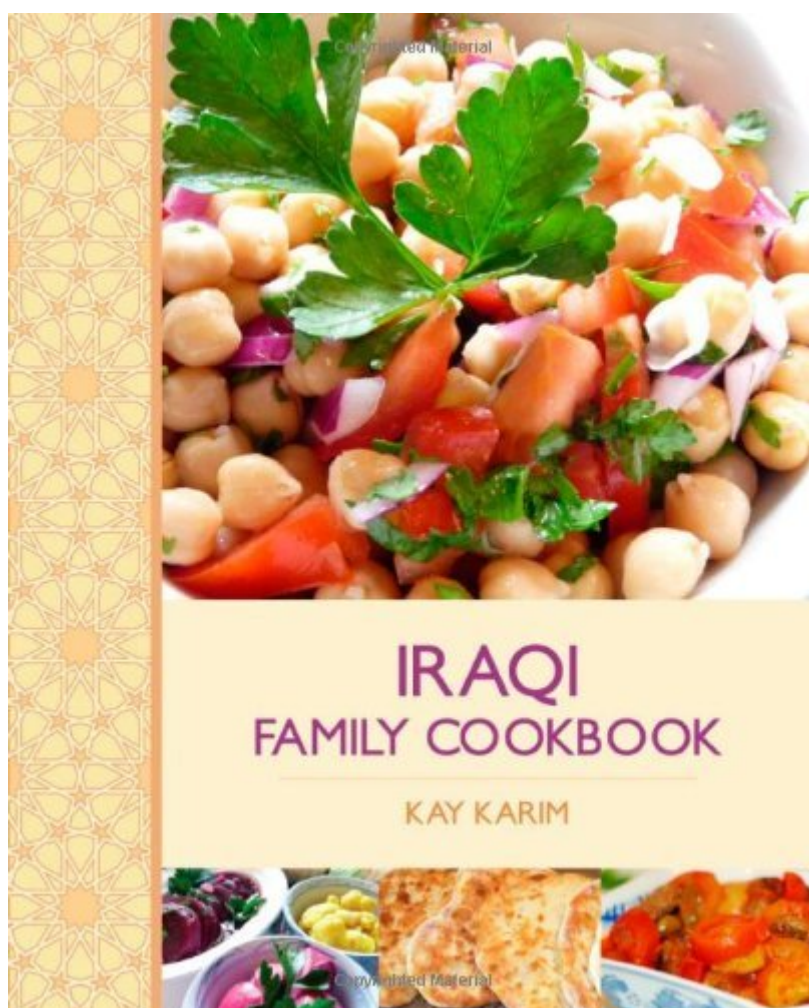


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# The Iraqi Family Cookbook (Hippocrene Cookbook Library (Paperback))



## Synopsis

WINNER OF 2012 GOURMAND WORLD COOKBOOK AWARD FOR "BEST ARAB CUISINE COOKBOOK" in the USA Kay Karim has collected recipes from generations of her family as well as all the regions of Iraq in this lovingly-compiled tribute to her homeland's cuisine. Modern Iraqi cooking relies on an abundance of fresh, seasonal produce, beans, rice, fish, and quality meats. Typical spices include cinnamon, allspice, dried lime, saffron, sumac, and turmeric. An earlier version of this cookbook won a World Gourmand Cookbook Award in 2007. This new edition has been completely edited and revised, and includes beautiful colour photographs throughout. It includes more than 150 easy-to-follow recipes; detailed introduction to Iraq's history, culture, and cuisine; a guide to spices and ingredients; fascinating notes and family anecdotes, and over 100 colour photographs.

## Book Information

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## Customer Reviews

My husband is from Mosul, Iraq. He has lived in the USA since 1958, but has vivid and fond memories of his years growing up in Mosul and Baghdad. I ordered this cookbook for him as a gift. To say he was pleased is an understatement! The photos and especially the section of historical

facts about Iraq took him on a mind-journey back to his childhood and homeland. He is so happy that each recipe, although written in English, has the Arabic name for that particular dish. We have tried many of the recipes, some of which my husband could prepare almost without the book because the dishes and foods are so familiar to him. We have ordered seven copies of the book and sent them to various family members with the hope that they will enjoy it as much as we have. I am happy to have discovered such a publication with so much meaning for our family. Kudos to author Kay Karim for putting together this beautiful cookbook!

The Iraqi Family Cookbook is not merely a comprehensive cookbook of recipes of authentic Iraqi cuisine, to include soups, salads, breads, desserts, meat and vegetarian dishes. It is so much more, providing a fascinating glimpse into the cultural life of Iraqis and showing us how integral their dishes are to their culture and social life. Beautiful color photographs accompany the recipes. There are also many photographs and narratives from which we are able to learn interesting historical facts about the cuisine and their origins. I lived in Lebanon for three years and learned to love Arabic food. Mrs. Karim's cookbook enables me to prepare with perfection the dishes I knew and enjoyed so much. Her recipes are so easy to follow with helpful advice on where to purchase ingredients. I have especially enjoyed learning to prepare the varied vegetarian dishes of the Iraqi cuisine. This cookbook is truly in a class of its own among Arabic cookbooks. Mrs. Karim's passion for cooking and pride in her native country is apparent in her book. I would highly recommend this cookbook to all those interested in preparing Arabic dishes or learning more about this fascinating area of the world.

I deployed to Iraq a lot when I was in the Army and when I was there I loved the food. I can't find anything close to it in the states so I ordered this book for my girlfriend (I guess you can say it's for me) and we've made several of the things I remembered having. It's got a lot of foods one would normally encounter while there, which is what I was looking for. It's got a lot of variety and it's explained easily. I was skeptical at first but I made the right choice on ordering this. On other reviews a woman complained about the pictures being blurry. A couple are in ways but you can clearly see what it is with no problem. Don't let that deter you from getting this. The pictures are fine.

I am middle eastern but never got a chance to learn how to cook middle eastern food from my mom. I wanted to learn so badly but, could not get the recipes down right. That's when my search started for a middle eastern cookbook and I bought a few but this one takes the cake!!! The recipes are

spot on with how my mom made the dishes. I have made 4 different dishes from the cookbook so far and have loved each one of them. My husband greatly appreciates my cooking a whole lot more now!! Thank you for creating such an awesome cook book!!

Superb contents and well written. Easy to use recipes with easy to find ingredients. Wish the glossary of ingredients were more extensive but a pleasure to use. Great healthy meals generally from ones pantry. Great preface and introduction along with recipe anecdotes which almost makes one feel like being part of the author's family when cooking. Mid-eastern and Mediterranean made very accessible. Well done and thank you Kay for sharing your family's recipes.

This book met all my expectations! Born in the United States to a Assyrian christian family that migrated from Iraq it gave me a history of our people. The book went over many of the recipes my Mother use to cook for us. It's not only a cookbook but its an inspiration! I quickly ordered one for my oldest sister that was thrilled with it as well. If you are from that origin I HIGHLY RECOMMEND THIS BOOK. I even contacted the author for information before ordering the books. She responded quickly which was great! Thank you! Kay Karim for writing this extraordinary book. God Bless you!

This Book Has it all I mean really all the Iraqi Food you would think about, put together in a very nice way and easy to follow it even have a brief history of that Area. I am originally from Iraq and my wife wanted to learn how to cook Iraqi food so we got this book and its great I recommended for sure

The Iraqi history and family memories tied into this cookbook is just wonderful. My Iraqi friends and loved ones will be so happy when I can serve them a delicious meal. I thank the Author for such a beautiful cookbook. I bought the Kindle Edition but I just may buy the actual book also. It is a small treasure. It is beautifully written.

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